



*The School of Mary* offers a unique perspective on Our Lady, who is seen as the one who has at the heart of her mission, the promotion of a fuller and deeper spiritual life for every human being.

*The School of Mary* is the extension of this initiative of Mary. It develops it in order to allow the Church and the World to share in all the spiritual goods that Jesus came to give us.

Mary ardently desires that people specialise in this field, her field; the field of Spiritual Theology and of prayer life, the field of that sacred science of love and holiness, the science that leads us to the union with God and to the fullness of Love. She is indeed the Queen of that field and its Patroness.

All that happens in this field is entrusted to Her because she is the only-one (Ct 6,9), the One that found Grace in the eyes of God (Luke 1,30). She is really the Lady of the Place. She entrusts us with the responsibility of the deep Spiritual Life. It is truly a Yoke, an important mission in the Church.

Mary ardently desires to inspire many people to this science, creating a holy emulation and a specific call to dedicate their whole life, all their energy and their own work. Catholic Mysticism is a science that deserves this service and is in great need for it.

### Publications

- "Lectio divina", CTS.
- "Lectio divina , Mary and the Spirit."
- "The interior life of Mary according to J.-J. Olier."
- "Seven letters from your angel."
- Soon: "Lectio divina in daily life."
- Soon: "The prayer of the heart."
- DVD: Course: "Practicing the Prayer of the Heart."



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## The School of Mary

Roman Catholic Archdiocese of Southwark  
United Kingdom

[www.amorvincit.com](http://www.amorvincit.com)

## The School of Mary



at the service of the  
living **mystical tradition**  
and its development  
in the Church



## The School of Mary

is a Catholic Association desired by Our Lady and founded in 2003. Its goal is to promote the education/formation in a deep and practical spiritual life. Drawing from the Living Catholic Mystical Tradition, the School of Mary presents a complete project of education in spiritual life, aimed at adult Christians. Its goal is to empower them so they can reply fully to the call to holiness.

### proposes

- Three **Basic Courses** of Initiation into spiritual life: first, second and third level (each is 40 hours).
- **Complementary Courses** of study and deepening of spiritual life.
- Training in the teaching and pedagogy of spiritual life.
- Material and means: Books, Articles, DVDs, Website, Forum, Videos.

### offers a Way

The three levels of teaching of the School of Mary correspond to the three main stages of spiritual life that lead us to Union with God and to the fullness of Love:

- 1- Introduction to the personal relationship with Jesus: this stage starts when we decide to put our hand in Jesus' one.
- 2- Deep purification, transformation in Christ and new maturity.
- 3- Union with Jesus and apostolic transformation: fruitfulness and service of the Kingdom.

## a practise accessible to everybody

The School offers a complete, practical and innovative method. The education in spiritual life is translated into a daily practice accessible to all. It teaches concretely how to enter into direct contact with God, in order to receive the torrents of Grace that He came to give us.

The School honours Union with God as a fundamental value of our Baptism and considers the fullness of Love an achievable goal for any human being. It uses the means offered for us in the Scriptures and in the Living Tradition of the Church in order to reach this magnificent goal.

### its pillars are

**1- Lectio Divina** : a space that we offer to Jesus, in the beginning of our day, a space where we listen and put into practice His Word, in order to receive “our daily Bread”, the meal that, day after day, the Lord offers us in the liturgy of the word in the Mass.

**2- The Prayer of the heart** : a daily time that we dedicate for the immersion in the love of Jesus, in complete entrustment of ourselves to Him. This time is the extension of our last Communion and nourishes the deep roots of our being.

**3- For the Advanced: St. John’s Rosary** : taking St. John’s Gospel as a Guide towards Union with God and the apostolic witnessing. In order to do so, we obey Our Lady who invites us to “do all that He says”.

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“The true adventure,  
the only one that deserves to be lived  
is to receive **the fullness** of the Gift of Jesus.”



## why Mary ?

\* **Mary** has a fundamental place in our spiritual life. Her relationship with Jesus constitutes, because of its fullness, the model of our relationship with Him.

\* **Mary** knew (contemplated) and loved Jesus Christ with total perfection and in fullness. God gave her the exemplary capacity to fully receive His Gift, Jesus.

\* **Mary** is the New Eve, who came out of Jesus’ side on the Cross. She is “flesh from His flesh” and “bone from his bone”. She is wholly shaped by the Holy Spirit, in the image of Christ, the New Adam. She is the first amongst the Saved, and because of the Saviour, “Mother of all the saved”.

\* The good news for us is that God Himself offers to all of us this capacity that He put in Mary. In fact she is the Archetype of the faithful of Jesus. We can not only imitate her, but we are invited to be transformed in Her.

\* The Holy Spirit wants to shape us in the image of Mary. Therefore, in her and with her we will be able to have a full relationship with Jesus, as she had.

\* The greatest desire that fills Mary is to make of us living Icons of Her, capable to know and love Jesus in fullness (like her and in her).

\* Throughout the ages, the Church has acknowledged Mary’s urge to come to us, to teach us in the silence of our heart, this Science of Knowledge